



FOR IMMEDIATE RELEASE

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Dr. Amy Hammers Joins Clinic Sofia's All-Women Team
*Twin Cities' leading OBGYN Clinic continues to add staff to meet demand
for its personalized approach to women's healthcare.*

MINNEAPOLIS (Sept. 2, 2015) — Dr. Amy Hammers has joined Clinic Sofia, an OBGYN clinic with offices in Edina and Maple Grove that provides full-circle healthcare for women of all ages in a welcoming and supportive environment. Founded in 2004, Clinic Sofia currently serves thousands of women across the metro and is consistently recognized for its role in partnering with women to be advocates for their health.

Dr. Hammers looks forward to joining the all-women staff at Clinic Sofia which is known for its personalized and friendly approach to healthcare that centers around giving women the tools, guidance and resources—beyond the treatment—to help them stay healthy and happy.

“As a provider, my job goes beyond medical care. I love being an advocate, supporter, and educator for women, too,” said Dr. Hammers. “The emotional dynamic of working with women and their unique personalities gives me something to look forward to every day.”

Hammers received her Doctor of Medicine at Creighton University School of Medicine in Omaha, Neb. and completed her residency at the University of Florida College of Medicine in Jacksonville, Fla. She is a member of the American Congress of Obstetricians and Gynecologists (ACOG) and the American Medical Association. Originally from Minnesota, she is excited to return to her home state. She will see patients primarily in Clinic Sofia's Maple Grove location but will also be available for appointments in Edina one day a week.

About Clinic Sofia

Clinic Sofia, a leading OBGYN clinic with locations in Edina and Maple Grove, provides full-circle healthcare for women. The clinic's name is inspired by the Greek goddess Sophia, who is a symbol of women's wisdom, life stages, fertility, monthly cycles and nurturing. Staffed completely by women, Clinic Sofia uses the intuitive arts of observation, listening and communication in addition to the medical expertise in the areas of obstetrics and gynecology to meet the complete health needs of women. For more information, please visit www.clinicsofia.com or www.facebook.com/clinicsofia.